

Lyndhurst Gynecologic Associates

Preventive Care / Well Visit and New / Existing problem visits Information

To our patients:

Thank you for choosing Lyndhurst Gynecologic Associates for your care. You have scheduled an appointment today for a preventative medicine visit (sometimes called a “Medical / Annual Wellness” visit or “Physical”)

1. **What is included in a preventative medicine visit?** Your provider will perform a review of your medical history, counseling about bone, breast, and pelvic health, as well as risk factor guidance tailored to your age. Depending on your insurance coverage, your visit may include lab tests and/or a detailed physical exam.
2. **What is a new/existing problem visit?** A problem visit is to address any new problems or existing medical problems a patient may have. New problem examples can be vaginal discharge, pelvic pain, uterine or vaginal bleeding, or surgical consultation. Existing problem examples can be follow-up on an abnormal pap smear or treatment for urinary incontinence. For both visit types the provider would need to assess your problems and possibly prescribe new medications, refill and monitor existing medications, or perform additional testing.
3. **Do I need to return for a second visit to cover my new or existing problems?** For your convenience, the medical provider will generally not ask you to return for a separate appointment to address these issues. The provider will try to address your preventative needs as well as your problem visit needs. If your appointment today was a preventative visit, but you also have a new problem or need follow up on an old problem, your provider is taking care of “two visits in one” and saving you time from having another appointment scheduled on another day. If you are experiencing multiple problems, subsequent visits may be necessary.
4. **How is a preventative and new/existing problem visit billed?** Because there is additional work performed for your new/existing problems (often involving additional lab work, ultrasounds, referrals and/or management of prescription medications), there are charges for this additional work. It is no different than if you came in for a separate appointment to address your new or existing problems. Your provider must still decide how to treat your condition, consider appropriate tests, prescriptions and add this information to your medical record. Many insurance companies cover preventative visits with no co-payment. Some insurance companies require additional co payments or have costs applied toward your deductible for the **new / existing problem** visit performed as an additional service at the same time as the **preventative visit**. You will need to be familiar with how your insurance plan covers services in these circumstances.

We appreciate the opportunity to serve you.

I understand that my insurance plan may ask that I pay a portion of today’s visit

Patient Name _____

[PLACE PATIENT STICKER HERE]

Date _____